

# Health Indicators

## Section 8 Mental Health

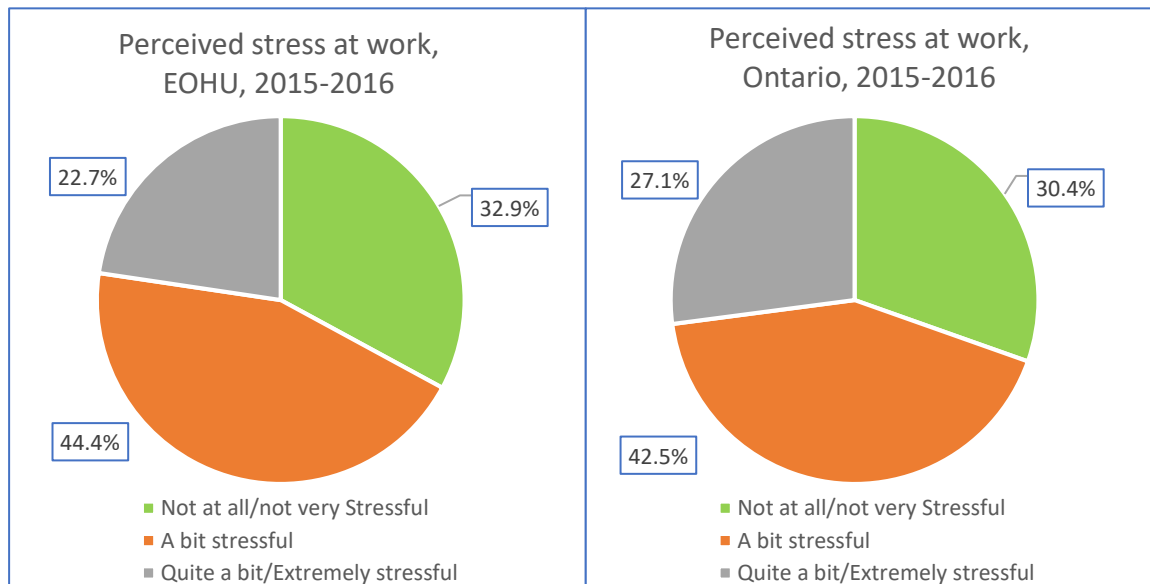
Data Source: CCHS 2015-2016

updated to 2019

### 8.2 Self-Perceived Work Stress

[Description](#)

		EOHU		Ontario	
		#	%	#	%
Before weighted	Not at all stressful	41	11.5%	1772	10.1%
	Not very stressful	81	22.7%	3745	21.4%
	A bit stressful	147	41.2%	7400	42.3%
	Quite a bit stressful	70	19.6%	3726	21.3%
	Extremely stressful	18	5.0%	836	4.8%
	Total	357	100.0%	17479	100.0%
After weighted	Not at all stressful	11320	11.8%	767251	9.9%
	Not very stressful	20128	21.1%	1591605	20.5%
	A bit stressful	42452	44.4%	3296271	42.5%
	Quite a bit stressful	17789	18.6%	1718389	22.2%
	Extremely stressful	3851	4.0%	381933	4.9%
	Total	95540	100.0%	7755449	100.0%



End of worksheet